

[SDGs Program (Peace & Nature)]

Program Name	Contents	Additional notes	SDGs No.	4	5	6	7	8	9	10	11	12	1	2	3
A) Rice making	Reclamation of fallow rice fields, preparing the ground, Rice planting, Rice harvest, Mochi Pounding, etc.	A new attempt to produce Yamada Nishiki Reclamation of fallow rice fields: including cutting down bamboo forests, burning fields, and digging up roots with a shovel.	2,4,6,8,15,17	Preparing the soil / making the baby's nest. Sowing seeds Reclamation of fallow land	Soil preparation/rice bed preparation Planting rice	Rice planting	Weed pulling	Weed pulling	Rice Harvest	Rice harvesting Threshing	Harvest Festival	Mochi Pounding	Soil cultivation Reclamation of fallow fields	Soil cultivation Reclamation of fallow fields	Soil cultivation Reclamation of fallow fields
B) Vegetables and herb making	Field maintenance, soil preparation, onions, beans, summer vegetables, herbs, etc.	Harvesting of mint, lemongrass and rosemary can be done all year round except in winter.	2,4,6,8,15,17	Soil preparation Planting of summer vegetables Harvesting beans	Field maintenance Harvesting onions Beans harvest Harvesting chamomile	Field maintenance Harvesting onions	Tending the fields Harvesting summer vegetables Harvesting Japanese apricots Shiso and basil	Tending the fields Harvesting summer vegetables Harvesting Japanese apricots Shiso and basil	Tending the fields Harvesting summer vegetables Shiso and basil harvesting	Soil preparation Planting of onions and beans	Soil preparation Planting of onions and beans Making aroma spray	Caring for the fields	Caring for the fields	Caring for the fields	Caring for the fields
C) Satoyama & Forest Conservation	Bamboo forest maintenance, tree planting, road building, etc.	Road building, including bamboo fence building	4,6,11,12,13,15,17	Tree planting Satoyama maintenance Forest	Satoyama maintenance Forest maintenance	Satoyama maintenance Forest maintenance	Satoyama maintenance	Satoyama maintenance	Satoyama maintenance	Satoyama maintenance Forest maintenance	Satoyama maintenance Forest maintenance	Satoyama maintenance Forest maintenance	Satoyama maintenance Forest maintenance	Tree planting Satoyama maintenance Forest	Tree planting Satoyama maintenance Forest
D) Effective use of bamboo	Bamboo cutting, bamboo charcoal making, bamboo powder/compost making, bamboo craft, bamboo shoot cutting, etc.	Monitoring of composting continues monthly.	4,6,11,12,13,15,17	Bamboo cutting Bamboo shoot harvesting Bamboo charcoal making Bamboo powder/compost	Bamboo cutting Bamboo shoot harvesting Making bamboo charcoal	Bamboo cutting Bamboo charcoal making Bamboo powder/compost making	Bamboo cutting Bamboo charcoal making Bamboo powder/compost making	Bamboo cutting Bamboo charcoal making Bamboo powder/compost making	Bamboo cutting Bamboo charcoal making Bamboo powder/compost making	Bamboo cutting Bamboo charcoal making Bamboo powder/compost making	Bamboo cutting Bamboo charcoal making Bamboo powder/compost making	Bamboo cutting Bamboo crafting	Bamboo cutting Making bamboo charcoal	Bamboo cutting Making bamboo charcoal	Bamboo cutting Making bamboo charcoal
E) Food education	Safe and secure ingredients, local production for local consumption, fermented food production, etc.	Monthly "International Food Cooking" using a kamado (a cooking stove).	2,4,6,8,15,17	Rice cooked with bamboo shoots	Rice cooked with bamboo shoots	Onion soup Chicken cooking (how to prepare chicken)	Shiso juice Ratatouille with summer vegetables	Shiso juice Vegetarian pizza Herb butter Mushroom dishes		Edamame dishes and soup Onigiri (rice balls) made with fresh rice cooked in a	International Cooking	Making rice cakes	Making miso and natto		
F) Art & Music	Flower arrangement/flower art (FA), bamboo work, straw work, etc.	Flower arrangement will be conducted by instructors using natural flowers and plants. Music is expected to be included in each workshop should it be appropriate.	4,8,11,16,17	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft	Making Kadomatsu	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft	Flower Arrangement / FA Bamboo Craft
G) Human development	Global Communication (GC), Zazen, Yoga, etc.		4,8,16,17	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga	GC Zazen Yoga

※ Program content is subject to change depending on weather and other conditions.

※ Considering programs related to AI and renewable energy/energy conservation